

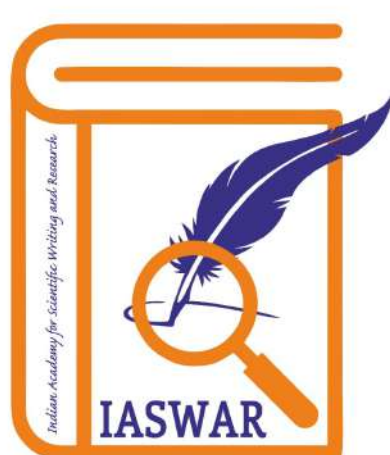


INDIAN
ACADEMY
FOR
SCIENTIFIC
WRITING
AND
RESEARCH

Fellowship in Clinical Research & Scientific Writing

Six months Online Comprehensive Program
on Research Methods & Medical Writing

**Batch Commences from
13th March 2022, 11 AM-1 PM (IST)**



www.iaswar.com

About IASWAR

Indian Academy for Scientific Writing and Research (IASWAR) is founded by like-minded researchers from integrative medicine research and public health background. IASWAR intends to promote quality research and to create quality health care research professionals.

IASWAR is registered as an academy for training in medical research and scientific communication under Maharashtra Shops and Establishment Act 2017, Government of Maharashtra, India. Established in 2018, IASWAR is a popular academy of choice among medical students, clinicians, academicians and researchers.

IASWAR specializes in imparting training in clinical research methods and medical writing specific to, but not limited to, alternative systems of medicine like Yoga & Naturopathy, Ayurveda, Homoeopathy, Unani, Siddha, Acupuncture, chiropractic, physiotherapy etc. We have faculties with diverse expertise affiliated to institute of repute who train our fellows to become world class physician scientists.

Fellowships, medical writing workshops, academic symposiums organized by IASWAR is a popular choice among medical fraternities across the globe. IASWAR presently has students from United Kingdom, India, Bangladesh, Pakistan, Australia, USA, UAE and Srilanka.

We thrive to produce quality research professionals in health care and there by ensuring evidence based care is catered for our fellow patients.

About the Founder



IASWAR is founded by Prof. (Dr.) Pradeep MK Nair, who is a licensed yoga & naturopathy physician from India. He holds a Bachelor degree in Naturopathy and Yoga from Dr. MGR Medical University, a Masters in Clinical Research & regulatory Affairs from Sikkim Manipal University and PhD in Health Science from University of Pune.

Besides functioning as a Director of IASWAR, Prof. Nair is also a Professor & Head of Research at Sant Hiradaram Medical College of Naturopathy & Yogic Sciences for Women, Bhopal, India. He was the first head of the Research and Development Department of National Institute of Naturopathy, Govt of India and has worked in various collaborative research projects with institutes of repute.

He is one of the renowned researchers in the field of Naturopathy and yoga who has authored nearly 30 research papers in peer reviewed international journals as well as 23 chapters in National and International text books and has edited the text book on Clinical Naturopathy and Yoga, published by Government of India. He serves as an reviewer/editorial board member for nearly 20 international journals. He was awarded as a youth icon for the year 2017 by Indian Naturopathy and Yoga Graduates' Medical Association for his contributions to the field of research in yoga and Naturopathy.

He is a noted speaker for various CME's and conferences and has delivered lectures on Fasting, Gut flora, Research methods in Naturopathy and Yoga. He is the Chair for Institutional Ethics Committee, Morarji Desai Medical College for Naturopathy and Yoga and member of Institutional Ethics Committee, National Institute of Naturopathy, Ministry of AYUSH, Govt of India. He is an invited member in Acupuncture council of India.

His research areas of interest include fasting, biorhythms, gut flora, medical ozone therapy and public health. He works as research consultant for various organizations of repute.

About the Fellowship

Fellowship in Clinical Research and Scientific Writing (FCRSW) is an one year (3 credits) e-Learning program for professionals and students who have a flair for contributing to the science. The course has been developed by the Indian Academy for Scientific Writing and Research (IASWAR) since 2019 and has taken up by nearly 200 physicians, academicians, researchers and students. The course has evolved through a series of short-term programs in research methodology that IASWAR has been offering since 2018. The course will be taught by a multidisciplinary team from IASWAR and colleagues from other reputed institutes from India and abroad.

Eligibility

Any Medical graduate/students/paramedical health professionals or Basic science graduates with functional level knowledge of English and use of computers are eligible for this course. The course will be useful to students pursuing MBBS, BDS, MDS, BNYS/ND, BSMS,BAMS, BHMS, BSMS, MD, MPH, MSc, MPhil or PhD programs/ Alternative medicine programs.

Graduates from different systems of alternative medicine such as paramedical sciences inclined to take up public health as a career professionals working in teaching, research; Limited prior knowledge of research would be useful.

Aims & Objectives

- To build the research capacity in Students, medical professionals and researchers from AYUSH.
- To support Students, young medical professionals and researchers from all systems of medicine involved in research as part of their academic requirements or professional engagement.
- To meet the needs of researchers who are in the process of developing their research proposals, acquiring skills of data collection, analyzing their data, and those aiming to get their studies written and published.
- To address the needs of faculty members and other professional involved in guiding, reviewing and evaluating research studies.

Syllabus

Conceptualization of a research study

- Introduction to health research
- Formulating research question, hypothesis and objectives
- Literature search

Study Designs

- Quantitative study designs: Descriptive, study designs, Analytical study designs, experimental study designs
- Qualitative study designs: Observations, interviews, surveys

Bio-statistical considerations in designing a research study

Sample size calculation, Measuring the central tendencies (Mean, Standard deviations) Parametric and non-parametric tests in testing hypothesis

Planning a research study

- Selection of study population
- Study plan and project management
- Designing data collection tools,
- Principles of data collection, Data management
- Ethical issues in conducting a research study
- Guidelines for different research methods

Medical Writing

- Writing a research proposal for funding
- Writing a paper for publication
- Publication ethics

Research Project

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The Research fellow will be mentored to design a research project of their choice and conduct the same study on their work setting and apply the theoretical experience they have gained during the fellowship.

Special Features

- Experienced faculties and practical oriented training.
- Special invited sessions from nationally and internationally reputed scientists
- Long term mentorship out of the training period from IASWAR
- Lifelong access to the recorded sessions & course materials
- Registration in IASWAR database for prospective referrals

TRAINING & TRAINING METHODOLOGY

Being an e-Learning course, the program will be based on a combination of weekly online lectures (asynchronous), interactive discussion board, electronically submitted assignments, and term exams supported with recommended readings from journals and books and interactive sessions with faculty.

Evaluation

Evaluation will be through online based written assignments, module exams, participation in online interactive sessions.

Fee

The total course fee is Rs.7500/- or 110 USD plus taxes (Paypal commission for overseas transactions).

The fee include essential e-learning materials towards IASWAR.

Payment mode



Account Details For Payment

Account holder name: **Sowmia V**
Account number: **321702010220290**
Bank Name: **Union Bank of India**
Branch: **Pune Camp**
IFSC code: **UBIN0532177**

or



You can use **Google Pay** option to
7387287104

For overseas payments

Paypal account

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Few Testimonies



"This is the fellowship where every medical students/doctors must join to make there practice evidence based by getting the exact knowledge related to research and also where faculty will Make the research as simple as to conduct by their own-self."

**Dr. Nanjeshgowda H L,
House Surgeon, Govt nature cure and yoga medical college, Mysuru**



"Being a zero in research I was able to know from very basics of research and it helped me to gain confidence. The classes were very simple and understandable. It encouraged me to gain interest over research field which I felt was dry but what I realized was Research is the "mother of practice". I heartfully thank Dr.Pradeep sir organizing this Fellowship course. Over all it was excellent."

**Dr.Priyanka.M, BNYS
Yoga & naturopathy physician,Prime nature cure,
Natural Birth Assistant, AVM Hospital, Tuticorin**



"A great fellowship program, which was really useful for budding physicians in the field of research. The program being online was really helpful and easily accessible by all that too during this pandemic. So I thank Dr Pradeep Nair for his efforts in curating such a wonderful program. I was always into the field of clinical research and wanted to learn more, so that one day I would conduct a quality research study to back up our system with solid scientific basis. Even though our system has a very strong philosophical foundation to it, it does fall short when it comes to scientific evidence at various areas. So this program was a good platform for not just naturopathy physicians but for any one pursuing a career in the field of research, training us to conduct a quality research study."

**Dr.Nibha VS, BNYS
Yoga & naturopathy physician,SDMCNYS**



"A very useful training for academicians and researchers covering all aspects of research."

**Dr. A B Ram Jyothis, BHMS
Professor,
Athurasramam NSS Homoeopathic Medical college Kottayam Kerala**



"I always wanted to go deeper in research but couldn't find an appropriate course and faculty, this fellowship fulfilled all my needs as it is special designed for students, doctors and even faculty. The faculty of this fellowship Dr. Pradeep is definitely the most humble guide and teacher one can find. I feel really grateful that I was part of this fellowship and I hope I could contribute something to the knowledge of naturopathy and yoga with whatever I have learnt in this 6 months period. Pradeep sir was always available for any kind of doubts."

**Dr. Aditi Garg,
House Surgeon, SDMCNYS**



"Research, is something which I always was fascinated about and wanted to get into even before pursuing the medical graduation. This fellowship has opened the doors for me to get into research which shall give a meaning to my medical practice, especially in alternative system of medicine as it is the need of the hour to discover and prove the mechanism of action and it's authenticity. The Fellowship has been planned very meticulously imparting all the aspects of research for a novice researcher. Every alternative system of medicine practitioner and student should go through this fellowship to bring in the evidence based practice into vogue. "

**Dr. Gurudatta H K,
Senior Yoga & Naturopathy Physician &
Renowned Acupuncture specialist**



"Very informative fellowship program for young Researchers like me. It is incredibly helpful! & I'm completely relieved from the fear I had about Research earlier. This program undoubtedly influenced my manuscript writing skills. Even after attending so many research workshops I feel that this fellowship is unique and we had very clear lectures which is easily understandable and improved our confidence level in research field. Thanks a lot sir for making such big things simpler and Definitely I will recommend my friends, colleagues & juniors to join this fellowship program and get benefited."

**Dr. Dhamodhini K S, BNYS, MD, PhD Scholar
Sri Ramachandra Research Institute, Chennai**



"This fellowship offered the exposure and opportunity to learn from the veteran faculties in the field of research. The experts inspired and motivated us and they solved every doubts with patience, which is highly appreciable. It also aids in acquiring new knowledge and upgrade my research skills and lay a strong foundation for my career.

The topics covered in this fellowship helped me to clear the MPH entrance exams and secure 11th rank. I'm glad that I'm joining in Central University of Kerala for pursuing Master of Public Health.

**Dr. Retna Sheeja, BNYS
MPH Scholar, Central University, Kerala**



"Great course. The content is well organized. I love the way it is designed and delivered. PowerPoint presentations were sent to us and I could easily go back and listen to the classes anytime. This fellowship course has helped me focus on academic writing and increased my confidence. Provided me with valuable information and improved skills so that I can move forward in the research field. Thank You IASWAR. "

**Dr. Pooja G, BNYS, MD
Medical Officer,
SDM Yoga and Nature cure hospital, Karnataka**



I have graduated as a PhD fellow from NIN, Hyderabad. I came across this fellowship through a group of integrated medicine practitioners. Though I do not have a medical background (Basic sciences, Biochemistry), the topics covered were relevant and novel. Though some of the topics seem basic for any researcher, I was neither taught these topics during my coursework nor by my guide. Luckily I have now understood the concepts and have the videos to look back to and practice the topics. All in all, this fellowship is a must for every budding researcher in any field. I am fully satisfied that my money went into the right place.

Dr. Anantha Krishna Vemuri (PhD, Biochemistry)